



NONPROFIT

No Longer Bound

DIY PROJECT

Welcome Kit

IMPACT

Each year, No Longer Bound (NLB) serves over 80 men that are working to overcome addictions to drugs and alcohol. Their program focuses on regeneration as opposed to rehabilitation, with the goal of radical change for the better. Most men enter the program without the basic necessities for care. Your small group can support NLB as you sponsor a new resident by donating the suggested items below.

INSTRUCTIONS

STEP 1: Spend some time as a group learning about No Longer Bound and the men they serve. Their website (www.nolongerbound.com) is a good place to start.

STEP 2: Review the suggested items below.

STEP 3: Discuss as a group how you will collect or purchase the suggested items. Please focus on getting new items. Set a collection date.

STEP 4: Donations can be dropped off Monday through Friday, 10:00 a.m. to 5:00 p.m. Ask for Bill Eubanks or Graham Skinner when dropping off the items.

STEP 5: Let us know how it went! Please give us your feedback by filling out this [form](#) so we can continue to improve your small group *Serve Together* experience.

NOTES:

Suggested Items: Twin bedding (sheet set and blanket or spread), pillow, journal/paper, pens/pencils, toothbrush, toothpaste, shampoo, soap, comb, razor, shaving cream, towel, wash cloth, shower shoes, laundry basket

FUN IDEAS

- Your group can write notes of encouragement to the men of No Longer Bound.
- Take pictures and post them to social media using #GiveServeLove.